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## RESEARCH ARTICLE

# HOMOEOPATHIC MANAGEMENT OF ERYTHRODERMIC PSORIASIS

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### ARTICLE INFO

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### ABSTRACT

Psoriasis is a chronic, non-contagious, inflammatory skin disorder that is often characterized by the rapid multiplication of skin cells, leading to scaling and itching. It is an autoimmune disease and can be localized or generalized. This paper focuses on a 17-year-old female patient suffering from chronic psoriasis for 5–6 years presented with severe symptoms that hindered her daily life. She had visited 10-15 doctors with no lasting relief, until she sought treatment at Dr. Batra's homeopathy. After homeopathic treatment, she experienced 90% improvement, both physically and emotionally.

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## INTRODUCTION

Psoriasis is a chronic inflammatory condition that occurs when the immune system mistakenly attacks healthy skin cells, causing them to grow too rapidly. This leads to the characteristic patches of raised, red, scaly skin. The disease can be localized or affect larger areas, and it is often exacerbated by stress, infections, or environmental factors such as cold weather. Homeopathic treatments focus on addressing the root causes, including physical, emotional, and immune system factors, offering a holistic approach to managing the disease.

## CASE PROFILE

A 19-year-old female patient presented with complaints of intense itching and scaling all over her body, with skin shedding and cracks. The cracks caused bleeding, particularly during movement. This condition had persisted for four years. The patient experienced relief when cold water was poured over the affected areas. Her symptoms worsened with air drafts, at night, during sleep, and especially in winter. The patient had stopped attending school due to her skin condition, and no other major complaints were reported.

### Physical Generals

|                  |                              |
|------------------|------------------------------|
| Diet             | Mixed                        |
| Appetite         | Good                         |
| Desire           | Salty                        |
| Aversion         | None                         |
| Thermal Reaction | Ambithermal                  |
| Thirst           | Average - 3-4 liters per day |
| Stools           | Occasional constipation      |
| Urine            | Normal                       |
| Perspiration     | During physical activity     |
| Sleep            | Sound                        |
| Dreams           | None                         |

**Mental Generals:** The patient reported feeling neglected by her family after her skin condition developed. She believed that her family favored her brother over her, which caused emotional distress. She became easily offended and experienced feelings of isolation, as her family seemed to neglect her needs. Over time, these emotional burdens led to a lack of emotional connection with her family and friends. While sharing her complaints, she was prone to crying, which reflects the deep emotional pain associated with her condition.

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**Past History:** At the age of 10, the patient had Typhoid fever, which was treated with Ayurvedic medicine and fully resolved.

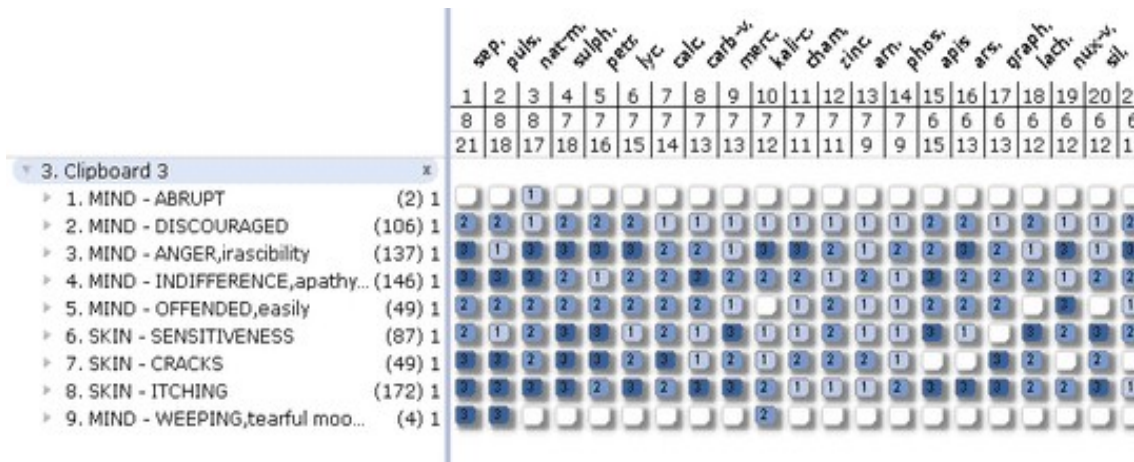
**Family History**

Mother: Had similar skin complaints but is now cured.  
 Father: Diabetes.

**Case Analysis**

- Rubrics
- MIND: Abrupt
- MIND: Discouraged
- MIND: Anger
- MIND: Indifference
- MIND: offended, easily
- MIND: weeping, tearful mood
- SKIN: Sensitiveness
- SKIN: Cracks
- SKIN: Itching

**Repertorial screenshot**



**Selection of Remedy**

| Remedy         | Reason   |
|----------------|--|
| Constitutional | Pulsatilla Nigricans 200, 2 doses weekly<br>The remedy is selected due to its emotional nature, crying tendencies, and susceptibility to cold and air drafts. It addresses the overall emotions and skin conditions. |

**Miasmatic Approach**

| Symptoms                     | Psora | Sycosis | Syphilis | Tubercular |
|------------------------------|-------|---------|----------|------------|
| Itching all over the body    | ✓     |         |          |            |
| Scaling of skin              | ✓     |         |          |            |
| Cracks with bleeding in skin | ✓     |         |          |            |
| No desire to eat             | ✓     |         |          |            |
| Constantly crying            | ✓     |         |          |            |
| Miasmatic Predominance       | Psora |         |          |            |

**MATERIALS AND METHODS**

Kent's Repertory was used for repertorization.

**RESULTS**

| Months     | Progress  | Prescription                              |
|------------|---|---|
| 1st Month  | Improvement in itching, no change in scaling. No appetite or thirst, constant crying. | Pulsatilla Nigricans 200, 2 doses weekly  |
| 2nd Month  | Noticeable improvement in scaling and itching, increased thirst, and appetite.        | Pulsatilla Nigricans 200, 2 doses         |
| 3rd Month  | Continued improvement in scaling and itching, patient feeling better overall.         | Pulsatilla Nigricans 200, 2 doses weekly  |
| 4th Month  | Remarkable improvement in scaling, itching, and bleeding.                             | Pulsatilla Nigricans 200, 2 doses weekly  |
| 5th Month  | Sac lac for maintenance.  | Sac lac.                                  |
| 6th Month  | Further improvement in emotional state and skin condition.                            | Pulsatilla Nigricans 200, 2 doses weekly. |
| 7th Month  | Maintenance continued with Sac lac.   | Sac lac.                                  |
| 8th Month  | Ongoing stability in condition.   | Pulsatilla Nigricans 200, 2 doses weekly. |
| 9th Month  | Continued improvement, symptoms nearly resolved.                                      | Sac lac.                                  |
| 10th Month | Skin condition fully improved, emotional state stable.                                | Pulsatilla Nigricans 200, 2 doses weekly. |
| 11th Month | Full recovery.  | Sac lac.                                  |
| 12th Month | Complete resolution of symptoms.  | No further treatment.                     |

## DISCUSSION & CONCLUSION

Homeopathic treatment focuses on treating the person as a whole, considering both mental and physical symptoms. In this case, significant emotional trauma related to family neglect and the physical symptoms of psoriasis were addressed using Pulsatilla Nigricans. This treatment not only improved the skin condition but also restored the patient's emotional well-being, allowing her to regain confidence and resume a normal life.

### The Transformation

#### Before Transformation



#### After Transformation





## Testimonial

## TESTIMONIAL

NAME :- Madhu .  
 AILMENT :- Psoriasis  
 PATIENT CODE :-  
 CLINIC NAME :-  
 DOCTOR'S NAME :-

## REMARKS :

Dr. Madhu. Mujhe 7 years se psoriasis.  
 se suffers kar rahi thi, maine M.P mein 10-20 doctors  
 ko dikhaya lekin kahi bhi acara nahi mila. Mein  
 Pune group se manik group se paneshan ho chuki thi  
 mujhe kisi ne fir Dr. Batra's ke Baad mein bataya. Dr  
 Homoeopathic se Start kiya ab me 90% free hu, bhout  
 khush ab mein logo ko face kar paati hu. Dr. School  
 ki jaana shuru kar diya. Mein bhout bhout akhisi  
 hu. apko. Thanks Dr. Prakriti mam, Dr. Batra's  
 and staff.



Date:

Signature

Place: Bhopal Clinic

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