



ISSN: 0976-3376

Available Online at <http://www.journalajst.com>

ASIAN JOURNAL OF
SCIENCE AND TECHNOLOGY

Asian Journal of Science and Technology
Vol. 15, Issue, 11, pp. 13213-13216, November, 2024

CASE STUDY

A CASE STUDY OF HOMEOPATHIC TREATMENT FOR ALOPECIA AREATA

*Dr. Rajesh Banik

Homeopathic Consultant, Dr. Batra's Positive Health Clinic Pvt. Ltd, Ranchi, Jharkhand, India

ARTICLE INFO

Article History:

Received 11th August, 2024
Received in revised form
27th September, 2024
Accepted 19th October, 2024
Published online 23rd November, 2024

Keywords:

Alopecia Areata, Autoimmune Disease,
Homeopathy, Hair Loss, Treatment

ABSTRACT

Alopecia Areata is an autoimmune disease characterized by sudden hair loss in round patches, this case study discusses the successful homeopathic treatment of a patient suffering from alopecia areata for two years. The paper outlines the patient's gradual improvement observed over several months. It highlights the effectiveness of homeopathy in managing this condition, emphasizing the importance of constitutional treatment tailored to the individual's mental and physical symptoms.

Citation: Dr. Rajesh Banik. 2024. "A Case Study of Homeopathic Treatment for Alopecia Areata", *Asian Journal of Science and Technology*, 15, (11), 13213-13216.

Copyright©2024, Dr. Rajesh Banik. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

INTRODUCTION

A is an autoimmune disorder that leads to the sudden appearance of round patches of hair loss.

Cause: The immune system mistakenly attacks hair follicles, causing inflammation. Although the precise cause is not fully understood, both genetic and environmental factors are believed to contribute.

Signs and Symptoms: Hair loss typically starts as round or oval, smooth bald patches on the scalp or beard, but can occur anywhere on the body. Patients may also experience hair loss in eyebrows, eyelashes, or other areas.

Complications: Associated complications include depression, anxiety, permanent hair loss, recurrence, nail abnormalities, and susceptibility to sunburn and skin damage.

CASE PROFILE

The patient is a young male suffering from Alopecia Areata for the past two years. His condition began with a patch of hair loss on the vertex of his scalp, which gradually spread to other areas. Initially, his family first noticed the bald patches, prompting him to seek treatment from a local homeopathic doctor; however, the condition did not improve significantly. There were no accompanying symptoms of itching, burning, or pain in the affected areas, and the hair loss remained patchy. Additionally, the patient reported a history of seasonal skin eruptions and itching across his body, sometimes with thick watery secretions from the lesions.

*Corresponding author: Dr. Rajesh Banik

Homeopathic Consultant, Dr. Batra's Positive Health Clinic Pvt. Ltd, Ranchi, Jharkhand, India

These eruptions were a recurring issue, but there were no active signs of hair fall outside the patchy regions.

Physical Generals:

Diet: Non-vegetarian

Appetite: Poor

Desires: Biryani, banana, warm food, chicken, sweets

Aversion: Pumpkin, some vegetables

Thermal Reaction: Prefers warm weather, feels chilly

Thirst: Less than 2-3 glasses/day

Stools: Not regular (hard, every 2-3 days, requires pressure)

Urine: Normal

Perspiration: Less, offensive from the forehead

Sleep: Good but not refreshing, prefers sleeping on back

Dreams: Bad

Mental Generals: The patient is calm and gentle by nature but is typically shy and reserved. He has difficulty mingling with others and struggles to communicate openly, often keeping to himself. Describing himself as an introvert, he prefers to stay in his comfort zone rather than interact socially. However, he remains active and enjoys physical activities like playing, traveling, and cycling. The patient tends to get angry easily but quickly becomes emotional, often crying when frustrated. His emotions are suppressed, and he is sensitive but does not outwardly react in a volatile manner. Though emotionally weak, he is academically strong and organized in his daily life. He comes from a supportive joint family where relationships are good, and his environment is nurturing, though he tends to shy away from conflict and emotional confrontations.

Past History

Family History:

Hypothyroidism in mother

Paralysis in father

Case Analysis: Repertorial Totality.

Repertory Used	Rubrics Selected
Synthesis	- Head: Hair falling - Spots - Mind: Timidity - Bashful - Mind: Emotions - Suppressed - Mind: Weeping - Children - Mind: Sensitive - Children

Repertory screenshot

Remedies	Ign.	Lyc.	Nat-m.	Staph.	Calc.	Carc.	Caus.	Sil.	Puls.	Bell.	Kali-c.	Kali-p.	Phos.	Chin.	Coff.	Graph.	Tub.	Sep.	Cham.	Psor.
Serial Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Symptoms Covered	5	5	5	4	4	4	4	4	3	3	3	3	3	3	3	3	3	3	2	2
Intensity	9	6	6	8	6	5	4	4	7	5	5	5	5	4	4	4	4	3	5	4
Result	5/9	5/6	5/6	4/8	4/6	4/5	4/4	4/4	3/7	3/5	3/5	3/5	3/5	3/4	3/4	3/4	3/4	3/3	2/5	2/4
Clipboard 7																				
HEAD - HAIR - falling - spots, in	1	1	2	1	2			1			2	1	2			1	2			2
MIND - TIMIDITY - bashful	2	1	1	2	2	1	1	1	3	1		2	1	2	1	1	1	1		
MIND - EMOTIONS - suppressed	2	1	1	3		1	1								1					
MIND - WEEPING - children, in	2	2	1		1	1	1	1	2	2	2			1	2	2		1	3	2
MIND - SENSITIVE - children	2	1	1	2	1	2	1	1	2	2	1	2	2	1			1	1	2	

Selection of Remedy

Type	Name	Potency	Dose	Reasons for Selection
Constitutional	Ignatia	1M	2 doses in 1st week	Based on mental symptoms: sadness, suppressive behavior, weeping.
Acute	Fluoric Acid	200C	2 doses per day	Specific remedy for Alopecia Areata.
Intercurrent	5 Phos	6X	2 doses per day	To address internal deficiency.

Miasmatic Approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
Skin eruptions and itching	Yes			
No secretion but burning sensation in the skin	Yes			
Falling of hair in patches	Yes			
Paleness of the face	Yes			

MATERIALS AND METHODS

Software Used: Radar Opus with Synthesis Repertory.

RESULTS

Month	Progress	Prescription
1st	No changes; condition stable.	Fluoric Acid 200C, 2 doses/day + 5 Phos 6X + Local Application: Jab.MT(Q) + Immunoforce 2 doses/day
2nd	Slight increase in patches; 2-3 new patches appeared.	Same as above.
3rd	Hair growth observed in patches.	Same as above.
4th	No new patches; old patches improving; no itching reported.	Same as above.
5th	Condition improved; no new patches.	Same as above.
6th	Very good hair growth; stable condition.	Same as above.
7th	No new patches; one patch remaining with slight itching.	Same as above.
8th	Almost cured; no new patches; maintaining regular diet and sleep.	Same as above.
9th	Stable condition; patches improving.	Same as above.
10th	Only two patches remaining; no itching or burning sensations reported.	Same as above.
11th	New patches noted; issues with stool and itching.	Ignatia 1M + Fluoric Acid 200C + 5 Phos 6X + Local Application: Jab.MT(Q) + Immunoforce 2 doses/day
12th	Old patches better; patient claims to be cured; no itching or burning sensations.	Fluoric Acid 200C + 5 Phos 6X + Local Application: Jab.MT(Q) + Immunoforce 2 doses/day

The transformation



Testimonial

Hello Batra's clinic

My name is Ashif Ansari. My younger brother Mr. Mushaher Raja was affected with alopecia. ~~to~~ and his hairs were falling in heavy amount. I heard about Dr. Batra's clinic through one of my ~~mother~~ friend and came to the clinic with some. The procedure of the treatment was too good without any pain and I observed ~~to~~ that after some months the hair were regrowing as it was said before the treatment. Thanks Dr. Batra's clinic for this treatment. According to the present condition 90% of his hair have been regrowed and the treatment is going on.

Ashif Ansari
 MOB. No) - 9113746296

DISCUSSION & CONCLUSION

This case study illustrates that Alopecia Areata can be effectively managed with homeopathic treatment through a combination of constitutional and specific remedies, along with proper diet and management. The patient showed significant improvement over time, highlighting the importance of addressing both physical and emotional aspects of the condition. Homeopathy offers a holistic approach that can lead to successful outcomes in cases of hair loss. Overall, this reinforces the potential for complete recovery from Alopecia Areata through individualized treatment.

ACKNOWLEDGMENTS

I would like to give thanks to Dr. Kaushik Chowdhury and Dr. Shahid Shaikh for giving full support and inputs all the time

REFERENCES

1. Hahnemann S. Organon of medicine. B. Jain publishers; 2005.
2. Boericke W. Pocket manual of homoeopathic Materia Medica & Repertory: comprising of the characteristic and guiding symptoms

- of all remedies (clinical and pathogenetic) including Indian Drugs New Delhi, India: *B Jain publishers*; 2002.
3. Clarke JH. A dictionary of practical Materia Medica. 2 vols.[in 3]. 1900.
 4. Kent JT. Lectures on homoeopathic materia medica. New Delhi, India: B Jain Publishing Company; 1980.
 5. Lilienthal S. Homoeopathic therapeutics. B. Jain Publishers; 1998.
 6. Kent JT. Lectures on Homeopathic Philosophy. Sittingbourne, Homeopathic Book Service. 1990.
 7. Clarke JH. The Prescriber: A dictionary of the new therapeutics. Homeopathic Publishing Company; 1900.
