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## RESEARCH ARTICLE

### DEVELOPMENT OF TiO<sub>2</sub>-PEG-PTX NANOPARTICLE BASED DRUG SYSTEMS AND INVESTIGATION OF ANTICANCER ACTIVITY ON SH-SY5Y CELLS

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#### ABSTRACT

The use of nanoparticles in biomedical and bioengineering fields has revolutionized cancer treatment. In this study, we aimed to investigate the anticancer activity of the nanotechnologically produced TiO<sub>2</sub>-PEG-PTX drug on SH-SY5Y neuroblastoma cell lines. Our study, TiO<sub>2</sub> nanoparticles used were synthesized, coated with PEG, and PEG-TiO<sub>2</sub> nanostructure system was loaded with PTX. UV analysis of suspensions prepared at different concentrations of TiO<sub>2</sub>, PEG-TiO<sub>2</sub>, PTX, and PEG-TiO<sub>2</sub>-PTX nanostructured system were performed. The synthesized drugs were performed to the SH-SY5Y neuroblastoma cell line and anticancer activity of these drugs were determined by using MTT method. The SH-SY5Y cells were treated with different concentrations of TiO<sub>2</sub> (5-100 µg/ml) for 24, 48 and 72 hours. The effects of these drugs on the SH-SY5Y cells were compared with the control group and IC50 values were determined for 24, 48 and 72 hours. In this study, it was shown that the effect of TiO<sub>2</sub>-PEG-PTX nanocarrier system on SH-SY5Y cells was inhibitory to growth in cancer cells when compared with control group and PTX.

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#### INTRODUCTION

Neuroblastoma is the common pediatric neoplasm of the sympathetic nervous system. It also attracts attention with its heterogeneous clinical presentation and variable response to treatment (Matthay *et al.*, 2016). Recently, although there has been significant progress in the treatment and prognosis of pediatric malignancies, high mortality rates still remain in the patients (Davenport *et al.*, 2012). Neuroblastoma patients can only be treated with surgical or adjuvant chemotherapy (Strother, 2012; Baker *et al.*, 2010). However, neuroblastoma, chemotherapeutic agents used in the treatment of drug resistance can occur (Louis *et al.*, 2015). Traditional chemotherapy and radiation therapy do not have a satisfactory curative effect due to their high toxicity and the risk of secondary malignancy (Berthold *et al.*, 2005; Matthay *et al.*, 1999; Patterson *et al.*, 2011). In the treatment of cancer, alkylating agents, antimetabolites, biological agents, etc. It is used. However, one of the major problems associated with the use of these molecules is the side effects caused by the difficulties in the distinction between cancerous and normal cells (Saloustros *et al.*, 2008).

Therefore, one of the new strategies for cancer treatment is the use of nanomaterials (Rasmussen *et al.*, 2010). Recently, with the development of nanotechnology, there has been a significant improvement in the application of nanoparticles (NPs) for drug delivery systems, antibacterial agents, cosmetics, sunscreens and electronic materials (Kisin *et al.*, 2007; Robertson *et al.*, 2010). The introduction of NPs in the fields of biomedical and bioengineering has revolutionized the methods of cancer treatment (Liang *et al.*, 2009). TiO<sub>2</sub>NPs are a dynamic potential treatment agent in cancer treatment due to their excellent biocompatibility and unique photocatalytic properties (Bertrand *et al.*, 2012; Paunesku *et al.*, 2008; Chen *et al.*, 2011). Also, TiO<sub>2</sub>NPs have attracted much attention in the transport of chemotherapeutic agents (Oberdörster *et al.*, 1992). However, recent research has shown that rats exposed to TiO<sub>2</sub> develop inflammation, lung injury, and lung tumors (Baggs *et al.*, 1997; Mishra *et al.*, 2008). This toxicity can be caused by the fact that these NPs can easily pass through the cell membrane and easily disrupt the biological systems by their effects (Wang *et al.*, 2009). Therefore, in order to reduce the toxic side effects of the NPs, the surface is coated with non-toxic polyethylene glycol (PEG) and the surface is coated and biocompatible (Matsumura *et al.*, 2009; Mahbulul *et al.*, 2017). The aim of this study was generated TiO<sub>2</sub>-PEG-PTX

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complex, whose cytotoxicity and antitumor efficiency were evaluated in human SH-SY5Y neuroblastoma cells.

## MATERIALS AND METHODS

**Synthesize of PEGylated TiO<sub>2</sub>NPs and Drug loading on TiO<sub>2</sub>-PEG:** TiO<sub>2</sub>NPs were produced by a sol-gel process (Mahbubul *et al.*, 2017). Titanium iso-propoxide (TIP) was used as the starting precursor to synthesize TiO<sub>2</sub>-NPs using the sol-gel method. PEG was used to increase the stability of the TiO<sub>2</sub> NPs and to coat the nanoparticles. 20 mL of TiO<sub>2</sub> NP (0.5 mg/ml) was added to the PEG solution and stirred for 24 hours. The TiO<sub>2</sub>-PEG NPs were centrifuged at 12500 rpm for 30 minutes and were dispensed in 20 ml of ultrapure water. 1 ml of paclitaxel (PTX) (1 mg/ml) was added dropwise to the TiO<sub>2</sub>-PEG NPs and stirred for 24 hours. The resulting TiO<sub>2</sub>-PEG-PTX NPs were centrifuged at 12500 rpm for 30 minutes and stored at 4 °C. Furthermore, free PTX in the centrifugal supernatant was also collected to measure the loading efficiency of PTX onto TiO<sub>2</sub>-PEG. The absorption of PTX at 250 nm was determined using a UV-visible spectrophotometer. The dose-absorption curve of PTX was calculated according to the different absorptions of PTX at 250 nm.

**Characterization:** The UV-visible absorption of TiO<sub>2</sub>-PEG and TiO<sub>2</sub>-PEG-PTX NPs was determined using a UV-visible spectrophotometer (UV-1280, Shimadzu, Japan).

**Cell Culture:** SH-SY5Y neuroblastoma cells were maintained in DMEM medium, containing 10% fetal bovine serum (FBS), penicillin (100 U/ml) and streptomycin (10 mg/L). Cells were grown in at 37°C, 5% CO<sub>2</sub> and 95 % air in a humidified incubator. For each cell line, 70-80% confluent cell culture flask was trypsinized and cells were seeded in 96 well plates.

**Anti-cancer activity of TiO<sub>2</sub>, PEG-TiO<sub>2</sub> and TiO<sub>2</sub>-PEG-PTX on SH-SY5Y cells:** Anti-cancer activity of the TiO<sub>2</sub>-PEG-PTX, PEG-TiO<sub>2</sub>, TiO<sub>2</sub>, and PTX on SH-SY5Y cell lines was performed with the MTT 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) assay according to the Skehan's method. Briefly, cells were trypsinized and plated into 96-well plates (Corning, USA) in 0.1 ml of complete culture medium at a density of  $1 \times 10^5$  cells per well and allowed to attach for 24 h. 1 µl of test substance at concentrations ranging between 5-100 µg/ml were added into each well containing the cells. Test substance was diluted with sterilized water into the desired concentrations from the stock. The plates were incubated at 37°C with an internal atmosphere of 5% CO<sub>2</sub>. After 24, 48 and 72 h incubation, with different concentrations of compounds, MTT (5 mg/ml dissolved in PBS) 10 µl/well was added directly to all the wells and incubated for 2 hours at 37°C. The supernatant was carefully removed from each well and 100 µl of DMSO was added to each well to dissolve the formazan crystals. After mixing with a mechanical plate mixer for 15min, the absorbance of plates was recorded at 570 nm on a microplate reader (Bio-Tek, USA). All drug doses were parallel tested in triplicate and were performed at least 3 times; control samples were run with 1% sterilized water.

**Statistical analysis:** In our study, experiments were carried out in three replications and the mean  $\pm$  standard error mean. Our results were analyzed using one-way variance analysis. Differences were considered significant at  $p < 0.05$ . IC<sub>50</sub> values

were determined by the statistical software program GraphPadPrism7 (Graph Pad Software, San Diego, CA, USA).

## RESULTS AND DISCUSSION

**Synthesis and characterization of TiO<sub>2</sub>-PEG and TiO<sub>2</sub>-PEG-PTX:** In this study, the TiO<sub>2</sub>NPs were first synthesized, then the TiO<sub>2</sub> NPs were coated with PEG to increase their stability, and then PTX was added to the TiO<sub>2</sub>-PEG NPs to form the TiO<sub>2</sub>-PEG-PTX NPs. The reason for the addition of PEG to the surface of the nanomaterials may prevent rapid excretion of the renal and reticuloendothelial systems (RES) and greatly increase the half-life of the nanomaterials in the blood. Therefore, it increases the accumulation of nanomaterials in tumor tissue (Panesku *et al.*, 2008; Chen *et al.*, 2011; Oberdörster *et al.*, 1992). In addition, PEG-coated TiO<sub>2</sub> NPs can reduce the interaction between PTX and TiO<sub>2</sub>, thus increasing drug release from NPs in tumor sites (Baggs *et al.*, 1997; Mishra *et al.*, 2008). The successful loading of PTX on TiO<sub>2</sub>-PEG NPs was confirmed by UV-visible spectrum analysis. As shown in Fig.1 the characteristic peak of PTX occurred at about 250 nm. These results indicated that PTX is successfully loaded onto the TiO<sub>2</sub>-PEG NPs.

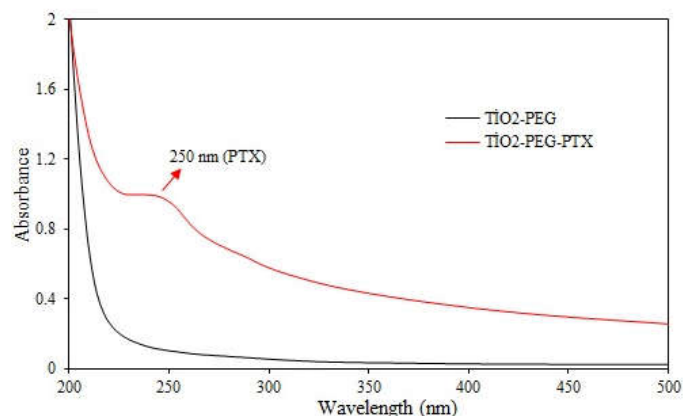


Figure 1. UV-Vis absorption spectra of TiO<sub>2</sub>-PEG-PTX

**Anti-cancer activity of TiO<sub>2</sub>, TiO<sub>2</sub>-PEG, TiO<sub>2</sub>-PEG-PTX and PTX drugs on SH-SY5Y cells:** To determine whether TiO<sub>2</sub>-PEG-PTX, PEG-TiO<sub>2</sub>, TiO<sub>2</sub>, and PTX were intracellular anti-cancer activities, SH-SY5Y cells were exposed to certain concentrations of these drugs and their anti-cancer activities were determined by the MTT method (Figure 2). Figure 2 shows changes in cell inhibition for 24, 48 and 72 hours versus increasing concentrations of SH-SY5Y cell lines. x-axis shows cell types and varying time points, while the y-axis shows the inhibition rates of cancer cells relative to the control. Compared to the control group, TiO<sub>2</sub>-PEG-PTX treated human SH-SY5Y neuroblastoma cells showed significantly decreased tumor survival rate after 24h, 48h and 72h of incubation. Compared to the PTX group, the TiO<sub>2</sub>-PEG-PTX group had significantly reduced survival rate after 24h, 48h and 72 h of incubation. Cell survival rates in all groups after 24h, 48h and 72 h of incubation were significantly decreased than those in the control group. With elongated treatment time, the survival rate of tumor cells was significantly reduced. TiO<sub>2</sub>-PEG-PTX, PEG-TiO<sub>2</sub>, TiO<sub>2</sub>, and PTX drugs on SH-SY5Y cells were the most active for 72 h of incubation. In addition, the most active TiO<sub>2</sub>-PEG-PTX and IC<sub>50</sub> values for 24, 48 and 72 hours were 8,19 µg/ml, 7,27 µg/ml and 5,03 µg/ml respectively (Table 1). Also, TiO<sub>2</sub>-PEG-PTX was found to be statistically significant compared to other drugs ( $p < 0, 0001$ ).

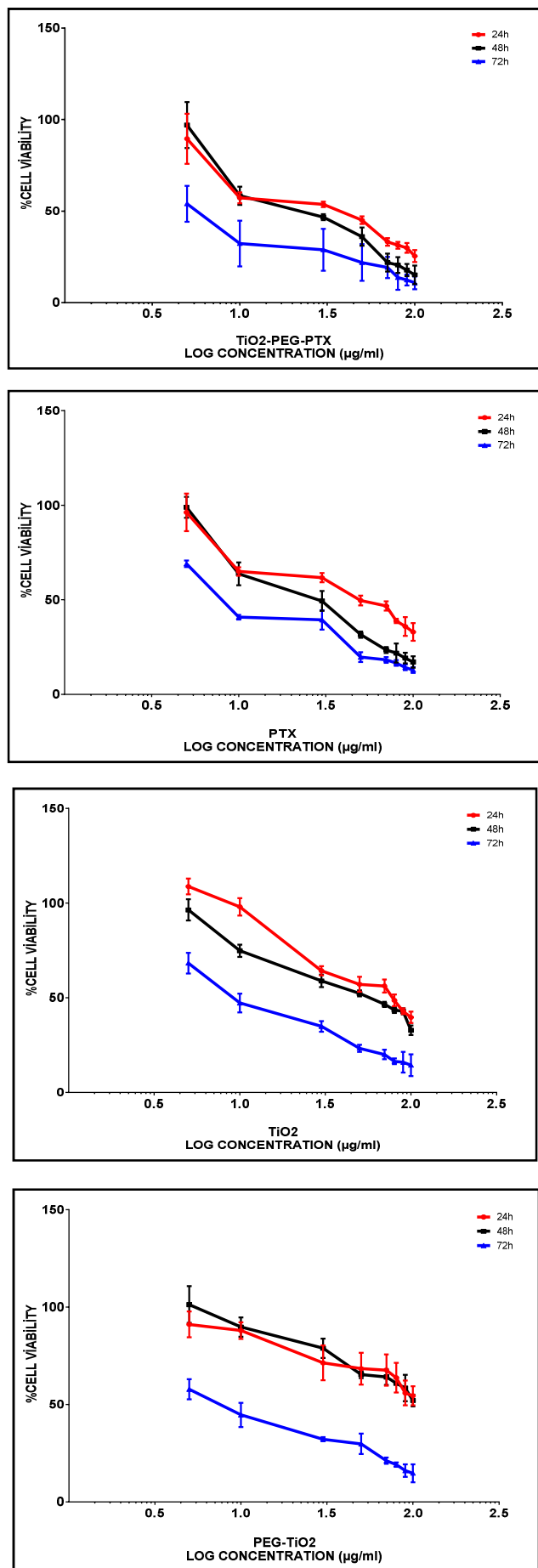


Figure 2. Anti-cancer activity of TiO<sub>2</sub>-PEG-PTX, PEG-TiO<sub>2</sub>, TiO<sub>2</sub>, and PTX drugs on SH-SY5Y cell line

Table 1. Comparison of IC<sub>50</sub> values between TiO<sub>2</sub>-PEG-PTX, PEG-TiO<sub>2</sub>, TiO<sub>2</sub>, and PTX on SH-SY5Y after 24 h, 48 h and 72 h of incubation

Drugs	IC <sub>50</sub> (µg/ml±SD*)		
	24h	48h	72h
TiO <sub>2</sub> -PEG-PTX	8,19±0,38	7,27±0,21	5,03±0,15
TiO <sub>2</sub> -PEG	65,29±0,13	49,40±0,21	31,00±0,25
TiO <sub>2</sub>	21,78±0,19	14,55±0,22	11,35±0,26
PTX	10,17±0,28	9,95±0,34	8,60±0,23

\*The mean standard deviation values of IC<sub>50</sub> obtained from three independent experimental repetitions after 24 h, 48 h and 72 h incubation for the SH-SY5Y cell line.

In our study, we treated SH-SY5Y neuroblastoma cells with TiO<sub>2</sub>-PEG-PTX, PEG-TiO<sub>2</sub>, TiO<sub>2</sub> and PTX drugs for 24 and 48 hours approximately value of average IC<sub>50</sub> with 10 µg/ml. Then we obtained images with a 10x magnification on the microscope (Figure 3). As shown in fig 3, it was noted that the TiO<sub>2</sub>-PEG-PTX synthesized as nanotechnology compared to the control was more active on SH-SY5Y cells in 24 and 48h. PTX was similar to TiO<sub>2</sub>-PEG-PTX, whereas PEG-TiO<sub>2</sub> showed the least effect. This reason of PEG-TiO<sub>2</sub> is less effective on cells may be because TiO<sub>2</sub> nanoparticle, which is toxic to the cells, is coated with PEG to form a non-toxic biocompatible molecule. Zhang *et al.* In another study, they found that PEGylated nanoparticles had less cytotoxic effects than uncoated ones (Zhang *et al.*, 2011). Also, it increases the residence time in vivo by coating the nanoparticles with PEG, thereby reducing clearance through the reticuloendothelial system (RES) (Prencipe *et al.*, 2009). This may lead to further circulation of nanoparticle-based synthesized drugs. Therefore, this situation supports our hypothesis.

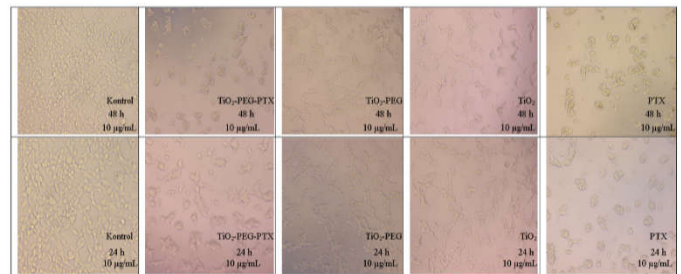


Figure 3. Morphological changes of SH-SY5Y cells after 24 and 48 hours of incubation with concentrations (10 µg/ml) of TiO<sub>2</sub>-PEG-PTX, PEG-TiO<sub>2</sub>, TiO<sub>2</sub>, and PTX. the results presented are from that were carried out and photographed microscopically

## Conclusion

In summary, we have developed modified PEGylated TiO<sub>2</sub> drug carriers (TiO<sub>2</sub>-PEG-PTX) for targeting drug delivery and therapy. TiO<sub>2</sub>-PEG-PTX complex effectively carries large amounts of PTX drug, elevates drug solubility in water, enhances PTX stability in aqueous solution, and improves biocompatibility of drugs. This study demonstrates the possibility of using TiO<sub>2</sub>-PEG-PTX to inhibit the growth of SH-SY5Y and their anti-cancer activities for potential therapeutic treatments and offers a new method to develop molecule for cancer therapy. Therefore, based on the results of this study, further in vitro drug release and in vivo studies will be performed.

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